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Registration this year is definitely down, but we still have a big school. This Third Year is probably the last of our big years, with 80 hoping to graduate. This Third Year is also probably the last of the years where there are more men than women! Second Year is small, 16 men and 28 women, but First Year is starting off with 48 women and 22 men. Most of First Year are from Toronto and places comparatively near, but there are two from Ottawa, one each from Timmins, Port Arthur, Brandon, Man., and Victoria, B. C. To give us some variety, we have an occasional student from Bermuda, LaRoy Simons, here on a government scholarship, and one from Japan, Michiko Hasegawa, who is a sister of our own Shige, M.E.S. '39.

It seems strange not to have Dr. Ryerson dropping in with work to be done or answering an S.O.S. from the office. It seems strange also, not to have Miss Somers around the building at 415 Yonge Street, working in her office at the head of the stairs, teaching in the lecture room or gymnasium, or coming into the main office. They are both, of course, still interested in you all and in what you are doing.

As of July 1st, Dr. H. A. Cates became Director of the School. Dr. Cates received his early education in England and graduated in medicine from the University of Toronto in 1915. Three years as a Medical Officer in the Army in the First War gave him experience in France, the Dardanelles, Italy and Egypt. Upon his return to Canada in 1918, Dr. Cates started a general practice in Weston and also did part-time work on the staff of the Anatomy Department. He has always been interested in physical education and his experience has increased his interest. On his return from the war, in addition to his other work, Dr. Cates was medical officer in charge of physical treatments at Christie Street Hospital under Col. McVicar. This included massage, electro-therapy, under water treatments, etc. Dr. Cates installed all the equipment for physical treatments at Christie Street. In 1925 he became a full-time staff member of the Anatomy Department and is known to all the P.H.B. graduates as a wonderful teacher of Anatomy.

All the graduates who know Miss Zerada Slack will be glad to hear that she has been appointed Director of Athletics and Physical Education for Women and Assistant Director of the Women's Physical Education Department of the School. A graduate of McGill in Arts and Physical Education, Miss Slack has been on our staff for the past three years and previous to that, had wide experience in various types of physical education work.

Two new physical educationists have joined the Women's Staff; Miss Kathleen Oswald and Miss Nancy Simpson. Miss Oswald comes from England and is a graduate of Bedford Physical Training College of London University. She has done considerable post-graduate work in modern dance. Miss Oswald taught for 5 years at the Belvedere School in Liverpool and for 3 years at Bishop Strachan School in Toronto. Miss Simpson, still Nancy to us, is one of our own graduates in the Class of '47. She taught for 2 years at The Dwight School, Englewood, New Jersey, and has started work on her M.A. at Columbia.

In the Men's Department, there are also two new staff members, Richard Mitchell and Fred Sgambati. Mr. Mitchell comes from Winnipeg where he received his early education. He served in the Army until 1945 and then went to the University of British Columbia where he obtained his B.P.E. degree in 1949. He was acting director of Swimming and Water Safety for the British Columbia Branch of the Red Cross for two years and played football for U.B.C. with the Evergreen Conference. He is also a boxer and wrestler. Fred Sgambati of Toronto, is one of our own graduates in the Class of '49. He served in the Air Force for over three years. During his course in Physical and Health Education, he was outstanding for his ability as a referee in both football and basketball. This fall, he has been holding clinics for officials in these two sports.

It is interesting to note how the girls' swimming is progressing at the School. Last year all the 46 women in the III Year (with the exception of one or two exemptions for medical reasons) had the Award of Merit of the Royal Life Saving Society and the Red Cross Instructor's Certificate, when they graduated. This year all the women entering III Year (with one or two medical exemptions) have the Award of Merit and the Red Cross Instructor's. As a result, Miss Jackson is running an advanced programme in synchronized swimming and diving for III Year, while the Aquatic Club is coaching and officiating in interfaculty meets.

Speaking of synchronized swimming, it was too bad you all could not have seen the Aqu Show, "Down to Darkness", given by the girls of the University under the direction of Miss Baxter in Hart House Pool on October 20th. Soft lights, melodious music and gaily-clad girls swimming gracefully through the water, gave an impression of smooth, rhythmic harmony. All the girls swam well together. "The Swan", a solo number, "Jalousie" and "Penguins", both duets and the latter comic, were particularly attractive. Other numbers such as "Waltz of the Flowers" and "Carnival" were interesting.

for their complicated patterns and good rhythm. We noticed on the programme in the list of Assistants for Training, the name of Diana Jacob who is the daughter of Lucille Chambers Jacob.

Jane Ferguson Christie, president of The Margaret Eaton School Alumnae Association, is calling a meeting of the Association for the nomination of officers, a business meeting only, on Wednesday evening, Nov. 9th, at 9:00 o'clock in the Studio at 415 Yonge Street. Election of officers will take place on November 30th in the same place at 8:30 P.M.

Bob McAdam, president of the School of Physical and Health Education Alumni, says the Executive is making plans for a social gathering of some sort sometime soon. Definite information will be sent out to you later.

JEAN MAY RUSSELL

Jean Russell died in New York on July 21st, after a brief illness, from poliomyelitis. A graduate of North Toronto Collegiate Institute and of the University of Toronto School of Physical and Health Education in the Class of '49, Jean had gone to New York University Summer School at Lake George to commence work on her M.A. In the fall she was to have joined the Women's Physical Education Staff at the University of Western Ontario.

Attractive in appearance, Jean was outstanding in the characteristics that make a girl not only successful but beloved by those who know her. She was enthusiastic and progressive, capable in her studies and keenly interested in her work. She was interested in people and made them feel her interest. Her classmates knew her as "an understanding and helpful friend". Staff and students and graduates will join us in extending sincere sympathy to her parents, Mr. and Mrs. Gordon Mackay Russell, and to her sister and brother.

THE OTTAWA RECREATION COMMISSION

by Janeth Rutherford 4T8

"The Ottawa Recreation Commission operates 8 Community Centres with municipal tax funds. These centres are housed in public and separate schools and offer programme from one to four nights a week to three age groups primarily: juveniles (10-14), teenage and adult. In each centre there is a staff headed by the director - as yet we have only three full-time directors although all of the Centres need them. Our budget just cannot afford more. The staff is helped by the Teen-age Council, Adult Council and other community people.

My own work is chiefly concerned with the teen-age programme. This is further developed than the juvenile or adult programmes, mainly because there is such a need for healthy teen-age recreation at present. Every Friday night is a teen-age social evening at all the Centres with dancing, small games, movies and so on. On other nights during the week, there are boys' and girls' sports, glee clubs, press clubs, dramatic groups, jazz appreciation - anything a group desires. This programme is planned and executed by the Community Teen-age Council who are elected annually. The director is their adviser and helps them to produce what the members want. There are inter-community and city-wide events in most of the activities which are planned by the Ottawa Teen-age Councils' Executive. This group is made up of two appointees from each of the Community Teen-age Councils and have me as their adviser.

Among some of their accomplishments to date are several Conventions (Community Dances) held in the Coliseum here with anywhere from three to five thousand teens attending, inter-community basketball, volleyball and table-tennis tournaments and a Corn (drama) Festival. They are a live wire bunch and a joy to work with even if they do keep me stepping. One of our biggest problems at present is staff. It seems that all the good people in Ottawa are so busy they just can't take on any more. If any Phys. Eds. in Ottawa are trying to fill one or two evenings a week, one of our Centres could do that quite easily."

THE HOLIDAY OF A LIFETIME

By Anne Bradshaw and Alice Entwistle 4T9

Butlin's advertise the "Holiday of a lifetime" and to the Canadian eye, the Butlin's Camps were most interesting because of their uniqueness. There are six Butlin's Holiday Camps. They are not camps in our sense of the word, but are Holiday-Villages-by-the-Sea, providing a holiday free of cares and extra expenses for England's working and middle classes. The initial cost, approximately \$50, covers all entertainment including a baby-sitting programme. As the camps are similar, we shall refer to Filey on the Yorkshire coast where we spent three most enjoyable months on the Entertainment Staff. Filey spreads over several acres. The accommodation, rows of chalet not unlike our tourist cabins, provides for a capacity of 6,000 campers - grandparents, parents,

young people, and children of all ages. The half-mile walk to the sea ends in a scramble down the cliffs to reach that lovely blue expanse of bay with chalk cliffs at the south end and rocky Filey Brigg at the north. There are 4 dining halls in which campers and staff are fed. Each person is put at a table of eight for his holiday week. The entertainment staff is scattered throughout to keep things active, even at meals, from the pretended reading of some hapless soul's mail to the draping of an entertainment member's face with rice pudding. A person obtains some exercise by merely walking from one place to the next. However, for the more active individual an 80 yard outdoor pool or the sea provide invigorating swimming. Also 18 tennis courts, lawn bowling, roller skating on a rink, boating on an artificial lake, a soccer field, croquet, golf putting, and cycling give outdoor activities, and of course, there are playgrounds for the kiddies.

For the rainy weather and the evenings a complete indoor programme is organized. There are two theatres in which variety shows and plays are produced by resident professional artists. Weekly, guest artists who are well-known on the "wireless" pay a visit. The theatre orchestra shares its time between theatre and ballroom. In the latter this orchestra provides music for old-time dancing. The Viennese Ballroom with vines growing from the roof, is surrounded by balconies built like old houses. A second grand ballroom, the Regency, has mirrored walls and chandeliers to add atmosphere to the beautiful inlaid floor. Modern changeable coloured lighting completes the picture for a waltz, quick-step, fox trot, or a tango.

This extensive programme was promoted by the "Red Coat" staff. Each member was a specialist in some activity as well as helping with many activities. Two of us were swimming instructors, known as the Canadian red coats, "Crazy Johnny" was a professional ballroom dancer, and "Uncle Bill" specialized in the old folks programme. The list might go on to include a naval P.T.I., a European champion in roller skating, and rugby professionals, etc. Each person was provided with a bright red blazer to be worn at all times when on duty. The "Red Coats" were known as "Jacks of all Trades". As ballroom hosts, as ushers in the theatres, as parents to lost children, as clowns, as stooges to be thrown into the pool, we Red Coats wore a never-ending smile and were jovial to the extent that several thousand campers, following our example, enjoyed the best "holiday of a lifetime".

THE CLASS OF 1949
WHERE ARE THEY?

FURTHER STUDY - 41 out of a class of 94 are taking further study this year.

27 are attending the Ontario College of Education: A.W. Anderson, A.F. Bell, June Bell Doris Berrigan, J.J. Carson, I.K. Clark, W. Danylchuk, Alice Entwistle, G.J. Gehise, R.M. Hall, H.H. Henshall, D.J. Hoare, Margaret Jackson, W.R. LaChance, Megan Lawrence, J.R. Life, Joan Mc Clelland, W. Patterson, N.G. Purdie, C.J. Seath, B.F. Shaver, Gwen Smith, Frances Tomlinson, K.C.H. Tulley, G.E. Walls, A. Wilson and F.H. Winter.

5 are at the Toronto Normal School: R.E. Brien, B.R. Fisher, J.D. Jarsh, W.S. Neving, A.W. Webb.

2 are taking their teacher training at Vancouver: G.W. Burgess, J. Warriner.

1 is at the University of Alberta taking education: A.F. Affleck.

1 is at the Central Technical School, Toronto, taking the Industrial or Vocational Certificate: H.W. Boatby.

3 are at the University of Toronto taking their B.A.: K.J. Dagg, Beverley Holmes, Larry Watson.

1 is at Indiana University taking his Master's: J.T. Sterling.

1 is at George Williams College taking post-graduate work in Recreation and Camping: R. G. Flatt.

52 are situated as follows:

Mildred Aitkenhead, Y.M.C.A., Sydney, N.S. *Y*

L.W. Barnes, Couch, St. Michael's College

Anne Bradshaw, Instructor, St. Lawrence University, Canton, N.Y.

S. K. Bricker, Lieut., Camp Borden, Ont.

Diana Burns, Instructor, Beloit College, Beloit, Wis.

K. A. Burns, Physical Director, Schools of Campbellton, N.B.

Ruth Canning, Y.M.C.A., Notre Dame de Grace, Que.

Marien Clark, Elementary Protestant Schools, Montreal, Que.

Jane Cloke, Physical Director, Y.M.C.A., Hamilton, Ont. *Y*

Anne Diak, 31 Humbercrest Ave., Toronto

E. P. Downs, Recreation Director, Penetanguishene, Ont.

Constance Eastcott, Y.M.C.A., Lethbridge, Alberta. *Y*

Margaret Fox, Instructor, Department of Physical Education for Women, University of Western Ontario.

Barbara Fry, Instructor, Public Schools, Halifax, N.S.

A. Goodman, Y.M.H.A., Toronto: Part-time, Department of Athletics and Physical Education, Men, University of Toronto.

W. B. Gourlay, Fleet Air Arm, England.

A. M. Grant, Teaching in Vancouver, B.C.

M. E. Griesbach, Director of Recreation, Listowel, Ont.

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Mary Harry, Elementary Protestant Schools, Montreal, Que.
Dorothy Hiscocks, Regal Road Public School, Toronto
Mary Howson, Ontario Ladies College, Whitby, Ont.
Audrey Hustwitt, Swimming Instructor, Y. .C., Peterborough, Ont.
Gerry Hutchison, Mrs. W. R. LaChance, 30 Webb Ave., Toronto 9
Donald Ireland, Director of Recreation, Trail, B. C.
Mary Jo Kavanagh, Convent of the Sacred Heart, Clifton, Cincinnati, Ohio
R.J.P. LaRose, Armoured Corps, Camp Borden, Ont.
D. D. Leonard, Armoured Corps, 'somewhere in the west.'
Eleanor Lewis, Y. .C., Kitchener, Ont. (December 1st)
Patricia Lewonuk, Mrs. Walter J. Brooy, 12 Cawthra Sq., Toronto.
Jessie McCormack, High and Vocational School, Tiffins, Ont.
D.C.J. McDougald, Trail, B.C., working and playing for the Smoke Eaters
Betsy McFaul, Instructr, Chicago University.
Joan Macpherson, Stamford Collegiate Institute, Niagara Falls, Ont.
D.J. McReynolds, F/Cadet, Centralia, Ont. (permanent force).
Maureen Martin, Y.W.-Y.M.H.A., Montreal, Que.
Yvonne Mathewson, St. Joseph's High School, Etobicoke, Ont.
Dorelle Monahan, Central Neighborhood House, Toronto.
Betty Moore, Mrs. J.B. Papoe, Staff House, Beaupre, Que.
Joan Penhall, Collegiate Institute Lindsay, Ont.
Ruth Pullan, Mrs. Robert Volpe, working in the University Library.
Kathleen Reed,
Doreen Routliffe, High School, Schumacher, Ont.
Margaret Rutherford, The Cottet Junior College, Nevada, Miss.
Joan Savage, Mrs. John Wilks, McKean's Cottage, Tufts Cove, Dartmouth, N.S. (Temporary)
C.P. Scott, Physical Director, Public Schools, Dartmouth, N.S.
F.Sgambati, Department of Physical Education Men, University of Toronto
J.W. Shore, Canada Packers Ltd., Toronto
H.E. Simkins, F/Cadet, F.C.A.F., Summerside, P. E. I.
Olwen Steele, Mrs. A.C. Hutton, Collingwood, Ont.
W.V Stockman, Ottawa, playing for the Rough Riders.
June Wade, Central Neighborhood House, Toronto.
Ferne Watson, Y.W.C.A., Montreal, Que.

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Are there any graduates who would be interested in teaching in Newfoundland? There is a possibility that two positions will be open in September, 1950, one for a man and one for a woman, at Memorial University College, St. John's. If you are interested, write to the President, Dr. A. G. Hatcher.

M.E.S. and S.P.H.E. NEW GRANDCHILDREN:

M.E.S.
Born:
On June 23rd, at Port Arthur, to Mr. and Mrs. R. G. Walgate (Pearl Flatt) a daughter, Susan Cheryl. The Walgates are now living in Red Rock, Ont., where Mr. Walgate is Town Clerk.
On June 22nd, to Mr. and Mrs. E. M. Gangster (Dorothy Forsyth) a daughter, Leslie Ann, a sister for Elspeth.
At Halifax, on October 22nd, to Mr. and Mrs. Allan F. Duffus (Carol Hendry) a son, Graeme Ferguson.
On August 15th, at Regina, to Mr. and Mrs. Alex. Hill (Pauline Seller) a son, David Guy.
At Victoria, B. C. on July 2nd, to Mr. and Mrs. L. A. Roper (Anne Thomson) a son, John William Alan.
At Edinburgh, Scotland, on June 17th, to Dr. and Mrs. Beverley Lynn (Blanche Wellman), a son, Brian Moreland.

S.P.H.E.
Born:
On Sept. 4th, at Halifax, to Dr. and Mrs. Donald MacKeigan (Pat Flynn 4T5) a son, Peter John.
To Mr. and Mrs. L. S. Hamilton (Helen Halliday 4T5) on Oct. 4th, a son, Lawrence Blair. They are living at 103 Allis Courts, East Colvin St., Syracuse 10, N.Y.
On June 11th, to J. H. Passmore 4T8 and Mrs. Passmore, a daughter.
On March 10th, to Mr. and Mrs. F. Green (Kieran Pudsey), a daughter, Sherill.

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Because we realize that there must be many News Notes that are not of interest to graduates of both Schools and because we have many items from both M.E.S. and S.P.H.E. this time, we are dividing the News Notes Section for this issue.

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N.E.S. NEWS NOTES:

Miss Hamilton is on a trip to California to visit her sister, Mrs. Bissell. She expects to be back in Toronto early in November.

Miss Somers writes very cheerfully from her home on Cape Cod. She had had company most of the summer which is what she likes. Among her callers were Dora Mavor Moore and Winnifred McLeannan Johnston of M.E.S. days, and Catherine McMillan, Margaret Fairley, both 4T6 and Iuriel Finlayson 4T5. Miss Somers when she wrote, was about to paint her storm windows, ten of them and two coats!

Dr. Ryerson is teaching a course in Hygieneology each Monday evening under the Department of University Extension. Twenty have registered for the course and there will be twenty lectures in all.

Miss Jackson taught a special interest group in Social Recreation at the Junior Farmer Leadership Camp, held at Geneva Park, Lake Couchiching this summer. To quote from the Family Herald and Weekly Star, she "also taught the whole camp how to plan and run parties, how to get a party going, how to introduce people, and how to organize games for parties at which there are more boys than girls, or vice versa."

The many friends in both Schools of Shirley Naylor McCatty will be pleased to hear of her marriage on Oct. 24th in Trinity Chapel, to Mr. Cressey McCatty. Mr. and Mrs. McCatty are living at 305 Glenlake Ave., Toronto.

Miss Any van Nostrand, for over three years popular assistant in the school office, was married on October 14th in St. John's Anglican Church, York Mills, to Mr. Robert Brody Duggan Jr. of Toronto. The bride looked lovely in white satin and her four attendants were dressed alike in flamingo crepe.

Mary Adams Elliott, Mr. Elliott and their two sons, are living 90 miles north of Sudbury at Biscotasing, where Mr. Elliott is teaching.

Dorothy Buck is in the Physical Therapy Department of Bellevue Hospital, New York City. Eva Campbell Munro, Mr. Munro and the baby are living in Weston, 192 Lawrence Ave. E. Madge Brewster is with the Children's Aid Society of Hamilton.

Ruth Corner is taking the course at the School of Library Science, University of Toronto.

It was nice to have a call this summer from Garry Dickson Rogers and Mr. Rogers. They have just moved into their new home at 1204 Gladstone Avenue, Windsor, Ont.

Mrs. Ralph Carter (Gladys Groskurth) is President of the Women's Canadian Club of Toronto.

Barbara Halliday Macdonald, Dr. Macdonald and Heather, have returned to Canada and Dr. Macdonald has set up a practice in Toronto.

Phoebe Hamilton writes most interestingly of all her experiences abroad. She taught last year in a very nice girls' school in Surrey, about 16 miles from London. As Peggy May Ruddick and Dr. Ruddick lived only 7 miles from her, Phoebe saw them often. She also saw Jean Morrison Burton, her husband and children, and on one occasion found herself at a theatre party which included Barbara Halliday and Phyllis Gale. When school was over, Phoebe went to Italy where she has been teaching English to a family of six children and having a wonderful time. They spent a month in the Dolomites on a climbing holiday and were to be in Venice for September. Perhaps Phoebe will write something for the News Letter about the far countries she has lived in.

Diana Hawkins, who is on the Women's Physical Education staff at Queen's University, attended summer school at the University of Wisconsin this year.

Mr. and Mrs. E.C. Labbett (formerly June Kennedy) have bought Camp Oconto, Miss Ferna Halliday's camp in the Rideau Lake district.

We were very much disappointed this summer, not to see Mary Leask McIntyre, Mr. McIntyre and the two children, when they dropped in to the office one day at noon. They spent a little while in Toronto at Exhibition time.

Winifred McEvoy Kennedy, Mr. Kennedy and little son, have moved to Lake Cowichan, Vancouver Island, where Mr. Kennedy is principal of a fine, new, junior school.

Sylvia Macklin Scott and Stewart were in to see us in August. Syb had been teaching at the Department of Education Summer School for the third summer, while Stewart returned to Illinois to continue his work on his M.A. The Scotts have bought a new home at 53 Yorkminster Road and are having fun getting settled. We have just heard that Frances Kitchen Miller, Mr. Miller and Michael are living in the same sub-division, at 80 Upper Canada Drive.

Bette Marshall has returned to Canada after teaching for some time in South America. She came back by way of the Pacific, stopped in Victoria where she formerly taught, and was persuaded to supply for a few months at St. Margaret's. She is now in Toronto.

Lorna McLean (Mrs. Terence Shoard) is the new president of the Women's Opera and Concert Committee of the Royal Conservatory of Music.

A letter from Jayne Morrison 4T6 (now Mrs. F.L. Clement) tells of seeing Miss Somers.

She says, "We were intrigued with her lovely Cape Cod cottage - the first real one I had seen. Miss Somers looks so well and seems to be enjoying fall on the Cape." Shirley Muddiman, formerly in charge of the East End Y.W.C.A., Toronto, has been appointed Physical Director for the Metropolitan area of the "Y".

Margaret Nicholson, formerly with the Saskatchewan Recreation Movement, is now Secretary of the Division of Education and Recreation for the Toronto and District Welfare Council.

Married on July 9th at the Parish Church, Saltburn-by-Sea, Yorkshire, England, Joyce O'Neill to Mr. Andrew Robert Tate. Mr. and Mrs. Tate are living at 18 Dixons Bank, Merton, Middlesbrough, Yorkshire.

Rosalind Passmore is now living in Vancouver, B.C. (1069 West 33rd Ave.) and likes it very much. Like many other graduates, she is enthusiastic about the "wonderful climate".

Friends of León Seagrave Clark will be glad to hear that her husband, Major-General S. Findlay Clark has been appointed head of the Canadian joint staff in London in "the role of Canadian military representative on pact organization to the United Kingdom. He will represent the chiefs of staff on the military committee of the Western European group."

We have heard that Jean Thomas Comfort and family have moved to a farm on the Thorndale Road, 2 miles north of London from the Dundas Highway, altho the farm is not to be worked by them at the present time.

It was nice to have a call from Dorothy Walker on her way home to Nova Scotia after a visit with Dorothy Forsyth Sangster in Winnipeg.

We extend our sincere sympathy to:

Elia Cooke White in the death last winter of her mother, Mrs. A.G.W. Cooke. Elia and her family are back in England after living for a time at the Gold Coast.

Betty McCammon in the death on August 1st. of her mother, Mrs. L.B. McCammon.

Norah Macleman in the death of her mother, Mrs. J.J. Macleman, on October 3rd.

Flora Musgrave, in the death of her aunt, Miss Jean MacDonald, with whom she lived.

Lois' Russell Heaton, whose father, Dr. John Wesley Russell, died on August 27th.

Dona Snellie, in the death of her mother, Mrs. A.G.P. Snellie.

FROM OUR MAIL BAG: Shigeko Hasegawa sent us a letter by her sister Michiko, when she came to Canada in August: "I guess lots of my classmates are still working very hard. I can recall their names and faces as I write now. As for myself, I have only a very few chances for teaching physical education now. Only now and then I go and teach children's group near my home... You see I am teaching English now. I go out every other day to two schools in Tokyo, and teach classes chiefly made of business girls and boys. I have two babies now. The youngest is a girl and was born on the 25th of March this year. My days are very busy with English teaching and also nursing my eldest one who is just popped into "naughty stage". He sings a lot. He likes "Row, row, row your boat" and also "cucoo" part of "Ho, every sleeper waken". It's so cute watching his funny ways of dancing around the room or scrabbling motor-cars on all pages of my note-book."

Kathleen Pepler Hall writes from Box 368, Mombasa, Kenya, East Africa: "A day before leaving England we heard we were being transferred to Mombasa... As our plane didn't touch Mombasa, we had to go to Dar and Christopher had to start for school from there. We got him off the day after we arrived and he had 2 days and a night to "do" by train, bus and car and he'd just had 3 days in the plane... We had 10 days there re-packing for shipping and waiting for a ship, so we were able to hear that Christopher had arrived and was happily settled before we moved up here. Our ship stopped 24 hours in Zanzibar, which was a pleasure for us... We are now only 5° below the equator, but Mombasa is really cooler than Dar, and I think we shall like it... We certainly had a grand leave and our Canadian tour was greatly enjoyed."

Dorothy Walker, who is on the Physical Fitness staff of Nova Scotia, wrote in June of her work: "We have been doing quite a bit this year in the way of Recreation Courses for Adults - we work very closely with the Division of Adult Education and find it an exceptionally workable unit. Dramatics, Techniques of Group Discussion and Social Recreation form the basis of the course and we have had an excellent response throughout. The Folk School, held for the second time this year, is a fascinating experiment and has proved itself in many ways. Again this is a co-operative effort between our own Division, Adult Education and the Extension Division of the Dept. of Agriculture. Sponsored by the County Farms Association, it is patterned after the Danish Folk Schools, the idea being to bring in potential leaders from the various communities for a 10-day course in residence. Residential life for many is a new experience and is a strong feature of the course... Courses include group discussion techniques centred around the farmer and his community; a study of the farmer and his farm; a study of the farmer and his province (Nova Scotia); dramatics; community singing; and recreation. During the 10 days each student must lead a discussion, give a short talk to the group, lead some singing, direct a game or dance and help in organizing and running the evening program. This is, of course the minimum-many do much more as we try to let them take the lead wherever possible."

Charlotte H. Layton



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